Newsletter

Network News:

Members of the SMEWN joined ElectHer at the Scottish Parliament, on Saturday 24 June, for their event **Scotland's Women Gather**. Bringing together women of all ages, backgrounds and identities, this opportunity was to explore the world of politics.

ElectHer also organised free child care on the day: a creche and Dynamic Earth for older children! Members of SMEWN were offered limited spaces to this sold out event (it was free).

Here is feedback from a couple of our members:

"A great networking and learning event that fed my passion for creating spaces for women's voices to be heard. I was inspired







"My take away (especially hearing from Labour MP, Pam Duncan -Glancy) was that positive action/legislative changes are needed to address many inequalities that exists for women (pay gap, lack of flexible working, high level of unemployment for ethnic minority women, recognition of unpaid carers).

Looking forward to the next event". Rehela Hussain



Contents

Network News

Inspire,, Enthuse and Share (Blog)

About SMEWN

Elevate your Voice

Results/Outcomes

Job Opportunities

CEMVO Scotland
Update

Womens Health
Plan

Member of the Month













Network News Continued

On June 19th, Pass the Mic Scotland founder, Talat Yaqoob, organised Scotland's FIRST women of colour gathering on media representation. The agenda included skills sharing, networking and most importantly challenging discussion on the status quo. With two phenomenal keynote speakers Nesrine Malik; Guardian Columnist and Dr Punam Krishan, GP and media contributor, this was

another opportunity not to miss for our members!

"The energy was in the room was tangible, super glad be to part of the group of smart, strong women who will pave the way for women in Scotland and around the globe to be not only seen but heard and respected for their views, expertise and understanding of their subject areas. Not in spite of but in additional to the way they look, speak and standout!

The event's tone was set with quest

The event's tone was set with guest speakers candidly sharing their experiences and openly answering questions about their career's highs and lows.

The workshops were all well developed and presented, interesting and relevant, and the last session where we all came together was a powerful statement of the group reiterating the resolve to make change happen. Huge Kudos to Pass the Mic and Strathclyde University for hosting such an interesting, uplifting sessions on the subject close to the hearts of Women of Colour Experts in Scotland."

Nadia Aslam



Inspire,, Enthuse and Share

I BELIEVE SPORT CAN CHANGE LIVES.

I am a passionate cyclist and have been fortunate enough to be able to ride a bicycle since I was in my 20s.

As a young girl, I never owned a bike whereas my brother had an old chopper (apparently they have come back into fashion!) and he would get me to jump on the back of his saddle for rides up and down the street. We had so much fun!

This feeling never left me and it was only when I was in my 20s that I was reintroduced to cycling and loved the freedom, independence and joy it gave me. The bicycle has been known to be the called 'the freedom machine' and as far back as the days of the Suffragettes, where the bicycle was known as a tool for emancipation, they could use the bicycle to spread the word about the women's liberation movement.

I have enjoyed the physical, mental and social benefits of riding a bicycle but many of us don't have that privilege. Women are less likely to cycle than men and if we add in the dimension of race and ethnicity, this creates an additional barrier. Every woman should be entitled to ride a bike because it can give us the tools to navigate the ups and downs of life.

So this piece isn't about me and my success - I want to use this opportunity to encourage more women of colour to get out and cycle. Maybe there's an old rusty bike in the shed or cupboard. Find some like minded souls and give it a go and you'll see the domino effect this has! Once you see one woman having that much fun, others will follow, I promise. It only takes one passionate soul to build a movement for change. We can do this!

2023 UCI Cycling World Championships

The biggest cycling event is coming to Scotland in August and I would encourage each and everyone one of you to go along and soak up the incredible atmosphere that cycling will bring to Scotland. I hope it will inspire you and your friends or family to cycle or cycle more and get you pedalling whether that's for fitness fun or travel.

Find out all the events here (many events are free): https://www.cyclingworldchamps.com/schedule/

Aneela McKenna

About SMEWN

The Scottish Minority Ethnic Womens Network (SMEWN) has been developed by CEMVO Scotland in order to address the issues of intersectionality and to ensure that women of colour living in Scotland have a voice in shaping the issues that affect them.

Network members are not only ethnically diverse but also, diverse in terms of skills, experience, and knowledge that they bring to the Network, with a mixture of professional and individual women with different needs.

The purpose of the Network is to:

- To develop a Network led by Minority Ethnic Women for Minority Ethnic Women, providing a safe place to discuss the issues that affect them and empowering then to tackle those issues through engagement, support, training and mentoring.
- The vision of Scottish Minority Ethnic Network is to provide a recognised platform for their inclusive participation across the political, social and economic landscape of Scotland.

Please register at https://forms.office.com/r/F543ENL7N5

Do you have something to share in the SMEWN newsletter? Please email smewn@outlook.com

To build on the professional networking apportunities of ethnic women in Scotland, follow, like and share our posts on social media platforms (link below):

Facebook: https://www.facebook.com/Scottish-Minority-Ethnic-Womens-

Network-1354244751366726

Twitter: @SMEWN1

<u>LinkedIn</u>: https://www.linkedin.com/company/scottish-minority-ethnic-womens-

network

4

Elevate Your Voice

"We need to control the narrative" and be at the forefront of policy design.

We promote **diversity**, by highlighting the need to have *US* at the table,
We promote **inclusion** by empowering *each other* to use our voices,
and now it's time to **belong**, and use those platforms to *have our* voices heard.

NEW CONVERSATION CAFÉ FOR WOMEN'S HEALTH TOOLKIT.

A Conversation Café is an informal space where a small group can come together in a facilitated but open conversation on a particular topic. a way to bring women and people with lived experience of areas within the Women's Health Plan together, in a safe and supportive environment – to debunk myths, dispel shame and stigma and empower people with information.

- A guide for facilitating a Conversation Café
- Resources to support discussion

PLEASE CONTACT JENNIFER STEWART FOR MORE INFO AT WHP@ALLIANCE-SCOTLAND.ORG.UK





Glasgow Community Learning & Development Survey 2022-23

Glasgow Community Learning and Development (CLD) Strategic Partnership invites you to contribute to the city's annual CLD report by completing this survey: https://surveys.glasgowlife.org.uk/s/R4DZZI/

Elevate Your Voice

CEMVO Scotland is working with Scottish Government to elevate the voices of ethnic minority women in Scotland.

The Scottish COVID-19 Inquiry has launched its Let's Be Heard listening project, This will be the main way in which people in Scotland can take part in the inquiry by sharing their experiences of the pandemic and telling us the lessons they believe should be learned so they are better prepared in future.

We would like to invite our members and their respective organisations and community to take part in the group discussion,

The information gathered will then be submitted to the COVID-19 Public Inquiry.

Your experiences will shape the Inquiry's investigations and recommendations; help the Inquiry understand the impact of the pandemic for different people and ensure that lessons can be learned for the future.



Contact Mona on 07387 393488 or email: smewn@outlook.com



Scotland

The Scottish Women's Convention

Results/Outcomes

An understanding on the proposed Misogyny Law Scottish Women's Convention

The Scottish Women's Convention commissioned a project in April 2023 to gain a better understanding of women's views on the proposed Misogyny Law and their experiences of Misogyny in Scotland.

The project consisted of numerous online and in-person roundtable discussions, a conference and an online survey. The SWC would like to thank all the women and organisations who attended and contributed towards this project, and for sharing their experiences with us.

We will continue to engage with women across Scotland to keep issues like this at the forefront of discussions.

https://www.scottishwomensconvention.org/files/misogyny-report-june-2023-final.pdf

IT'S OUR FUTURE: REPORT OF THE INDEPENDENT REVIEW OF QUALIFICATIONS AND ASSESSMENT

Produced by Professor Louise Hayward on behalf of the Independent Review Group which has been published on the Scottish Government's website:

IT'S OUR FUTURE: REPORT OF THE INDEPENDENT REVIEW OF QUALIFICATIONS AND ASSESSMENT - GOV.SCOT (WWW.GOV.SCOT)

It's Our Future captures the input to the qualifications and assessments consultation, which the Anti-Racism in Education Programme participated in.



The Cabinet Secretary for Education and Skills will consider the outputs from this review, along with the outputs from other strands of education reform.

Job Opportunities

Citizens Advice Edinburgh



Reception **Triage**

- Volunteer
- Half day/week
- Edinburgh
- 31st Dec 2024





Citizens Advice Edinburgh



Generalist Advisor

- Volunteer
- 1 day/week
- Edinburgh
- 31st Dec 2024





Welcome to Equal Jobs by CEMVO Enterprises CIC - the website portal that connect employers to minority ethnic job seekers in Scotland.

Advertise job vacancies, engage with minority ethnic candidates, and receive regular job updates via email.

We are committed to delivering ethnically diverse recruitment that promotes inclusion in the workplae.

Modern Apprenticeship | 1 Position available

Medical Administrator

< Back to Search

Share this page: f in in in

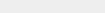












Job overview

Have you recently left school?

MA

Medical Administrator

Apply Now

- £ £8,237 to £15,600 per year
- **♀** GLASGOW
- (30 Hours)
- Rewards Training
- 30/07/2023
- III SCQF Level 6









CEMVO Scotland Update

INTERESTED IN HOSTING A PAID PLACEMENT FOR THE GCVS PAID PLACEMENT PROGRAMME?

The Employer Application Form is open until 12 noon on Monday 31st July 2023.

PAID WORK PLACEMENTS:

HTTPS://WWW.GCVS.ORG.UK/PROJECT/PAID-WORK-PLACEMENTS

EMPLOYER APPLICATION FORM:

HTTPS://FORM.123FORMBUILDER.COM/6444147/PAID-WORK-PLACEMENTS



HOW DOES IT WORK FOR PARTICIPANTS AND EMPLOYEES?

- The programme is open to Glasgow City residents aged 16 to pensionable age who are not currently working but are eligible to work in the UK.
- Participants must be ready for work but have barriers to employment that
 make it difficult for them to secure a job independently.
- As an employee on a placement, you'll get valuable experience of work while being paid at least the Real Living Wage (£10.90 per hour).
- To help you get the most out of your placement, you'll also have support, including somebody to help you think about your goals and access any training you need.
- Places in the programme are limited, and we will prioritise people who can benefit the most – people who are ready for work but unable to secure a job.



HOW DOES IT WORK FOR ORGANISATIONS AND EMPLOYERS?

- Placements are open to public, private and third (or voluntary) sector employers in the city. At least 50% of the posts will be in the third or voluntary sector.
- Placements are limited, and we will prioritise organisations that can provide
 a quality placement opportunity and where there is a high chance of the
 employee sustaining employment at the end of the programme.
- There is also a £250 allowance for the employee to undertake relevant vocational or industry-specific qualifications.
- Employers will also receive support from partners with the candidate's recruitment and any adjustments necessary for the employee to engage in work.









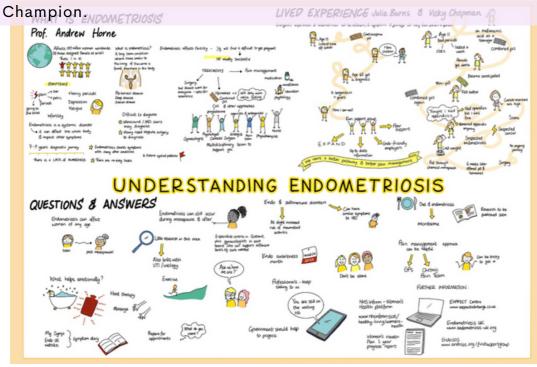
Womens Health Plan 2021-2024 (WHP)



The aim of this Plan is to improve health outcomes and health services for all women and girls in Scotland. There are 66 actions in this plan to achieve over 3 years. These are focused around how to create the conditions for change. The SMEWN is a member of the lived experience panel.

Quarterly Round Up 2023, April, May, June

- Published graphic and <u>recording from endometriosis webinar</u>, with Scottish Government and Endometriosis UK peer support group leaders.
- Hosted menopause innovation session with the Chief Scientist Office (Scottish Government), NHS Ayrshire and Arran and NHS Greater Glasgow and Clyde. This session explored different women's experiences of challenges related to accessing menopause support, and helped form the specifications for an open innovation funded project.
- Organised session on trauma informed approaches with NHS Education for Scotland, to provide ALLIANCE lived experience networks members with training and learning opportunity
- Delivered two community menstrual health sessions in partnership with <u>Al Masaar</u>
 to a women's group in Denny, and with their Stirling Women's Group
- Scheduled next webinar in our series <u>PCOS Mythbusting</u> on 27 July 2023.
 The session will explore polycystic ovary syndrome with speakers Professor Colin Duncan, Edinburgh University, and Professor Anna Glasier, Women's Health Champion.



Member of the month



Name: Aneela McKenna

Occupation: Founder of Mor Diversity, and EDI consultant to the 2023 UCI Cycling World Championships

Hobbies/Interests: enjoying the outdoors and cycling, campaigning for better representation in cycling and sport, and watching (more like addicted to!) documentaries on Netflix.

What inspirational message would you like to share that has contributed to your success?

In the immortal words of Nelson Mandela: `Sport has the power to change the world. It has the power to inspire. It has the power to unite people in a way that little else does."

I believe sport can change lives.

11







