

Newsletter



Network News:

On 28th July, the SMEWN steering committee held their second meeting the following were points of discussion: The following themes were decided as focus areas for the next year:

COMMUNICATIONS
& ENGAGEMENT

HEALTH &
WELLBEING

PROFESSIONAL
&
SOCIAL
DEVELOPMENT

POLICY, POLITICS &
GOVERNANCE

Thank you to SMEWN members, for taking part in the 'Let's Be Heard' COVID 19 Inquiry Scotland. We will feedback on:

- **CHALLENGING WORK CONDITIONS**
- **UNABLE TO PROCESS DEATHS AS PER CUSTOMS**
- **HOME SCHOOLING WAS CHALLENGING**
- **SOLIDARITY OF ONLINE USERS**
- **FOCUS ON HEALTH AND EXERCISE**
- **ENJOYED THE QUIETNESS OF**
- **RAMADAN**

For more information on the Lets Be Heard campaign please visit the link below:
<https://www.covid19inquiry.scot>



Contents

Network News

Inspire,, Enthuse
and Share (Blog)

About SMEWN

Elevate your Voice

Results/Outcomes

Job Opportunities

CEMVO Scotland
Update

Womens Health
Plan

Member of the
Month



About SMEWN

The Scottish Minority Ethnic Womens Network (SMEWN) has been developed by CEMVO Scotland in order to address the issues of intersectionality and to ensure that women of colour living in Scotland have a voice in shaping the issues that affect them.

Network members are not only ethnically diverse but also, diverse in terms of skills, experience, and knowledge that they bring to the Network, with a mixture of professional and individual women with different needs.

The purpose of the Network is to:

- To develop a Network led by Minority Ethnic Women for Minority Ethnic Women, providing a safe place to discuss the issues that affect them and empowering them to tackle those issues through engagement, support, training and mentoring.
- The vision of Scottish Minority Ethnic Network is to provide a recognised platform for their inclusive participation across the political, social and economic landscape of Scotland.

Please register at <https://forms.office.com/r/F543ENL7N5>

Do you have something to share in the SMEWN newsletter?
Please email smewn@outlook.com

To build on the professional networking opportunities of ethnic women in Scotland, follow, like and share our posts on social media platforms (link below):

Facebook: <https://www.facebook.com/Scottish-Minority-Ethnic-Womens-Network-1354244751366726>

Twitter: @SMEWN1

LinkedIn: <https://www.linkedin.com/company/scottish-minority-ethnic-womens-network>

Elevate Your Voice

"We need to control the narrative" and be at the forefront of policy design.

We promote **diversity**, by highlighting the need to have *US* at the table,

We promote **inclusion** by empowering *each other* to use our voices,

and now it's time to **belong**, and use those platforms to *have our voices heard*.

It's All Rights! Migrants and the Scottish Human Rights Bill Consultation



On Thursday August 31, 2023, from 1-3pm on Zoom

This event specifically will **focus on the impact for migrants and ethnic minority groups**.

Do you struggle accessing public services, advice and information on human rights?

Do you get support when things go wrong.

HRC will hold facilitated discussions, **listen** to shared and different experiences, and then make your voices **heard** with a specific **response** to the Governments consultation.

Results/Outcomes



Scottish
Women's
Budget
Group

WOMEN'S SURVEY 2023

WOMEN'S EXPERIENCES OF TRAVEL AND ITS COST

<https://www.swbg.org.uk/content/publications/Womens-Survey-2023-Transport-Report.pdf>

TRANSPORT IS A GENDERED ISSUE.

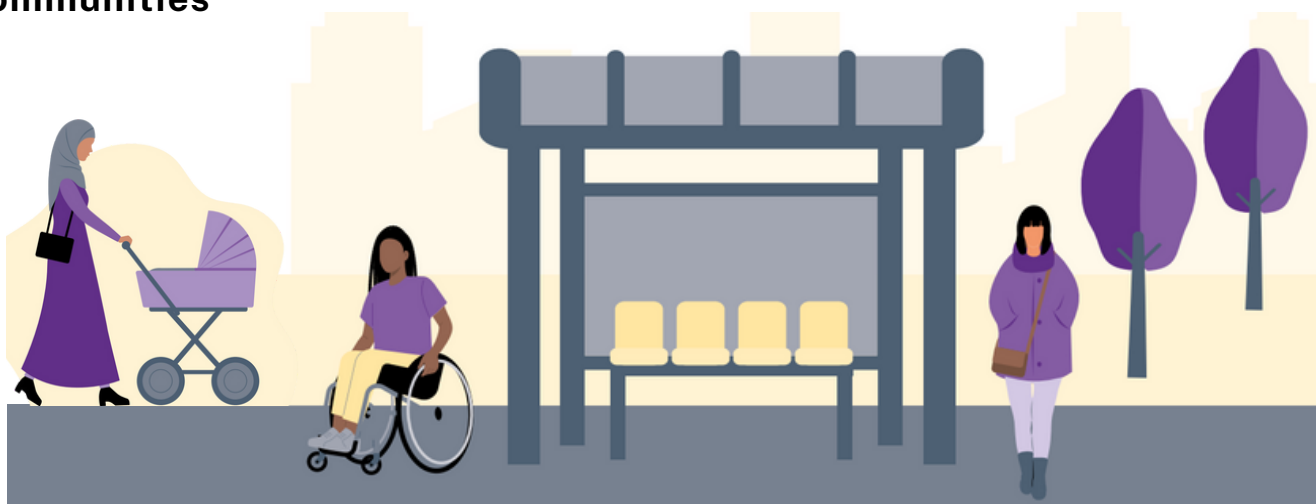
HOW WE USE TRANSPORT, WHAT FOR AND WHERE WE GO TO, IS DETERMINED BY OUR EXPERIENCES OF WORK, CARE AND FREE TIME.



► **28%** of survey respondents said they were **struggling** to manage transport **costs**, rising to **41%** for disabled women and **54%** for single parents

► **53%** of women responding were **very dissatisfied** or **dissatisfied** with the **cost** of public transport

► **37%** of women responding to our survey said that they had to **change travel plans** due to the **cost** of public transport, this rose to **42%** of disabled women and **53%** of women from **ethnic minority communities**



Professional Development Opportunities

LAUNCH & LEARN

Tuesday 22nd August 2023, 12.30pm - 2pm

- ☆ Spotlight presentations from partner organisations
- ☆ Launch of our new interpreting service
- ☆ Tour of our Glasgow centre
- ☆ Networking

Please RSVP by 11.08.23 -
get your free ticket [here](#).

SMART
WORKS
SCOTLAND

Floor 3, Brunswick House
51 Wilson Street, G1 1UZ

We are excited to invite you to our Glasgow centre on Tuesday 22nd of August for our Launch and Learn event of our interpreting services.

This event will be a great opportunity to network with other organisations from across the West of Scotland, get a tour of our Glasgow centre and hear about our ScottishPower Foundation project; the project aims to deepen our reach into ethnic minority communities in and around Glasgow, to support more women from these backgrounds into employment.

Confirm your attendance by registering for a free ticket now! If multiple colleagues from the same organisation, intend to attend - please individually register for a ticket.

If you have any further questions regarding this event, please contact us at scotland@smartworks.org.uk.



"THE WORK WE DO MEANS THAT 72% OF OUR CLIENTS GO ON TO GET A JOB WITHIN ONE MONTH OF THEIR APPOINTMENT WITH US; SOMETHING WHICH WOULDN'T BE POSSIBLE WITHOUT OUR DEDICATED TEAM OF VOLUNTEERS AND STAFF MEMBERS."

Job Opportunities

Welcome to **Equal Jobs** by CEMVO Enterprises CIC - the website portal that connect employers to minority ethnic job seekers in Scotland.

Advertise job vacancies, engage with minority ethnic candidates, and receive regular job updates via email.

We are committed to delivering ethnically diverse recruitment that promotes inclusion in the workplace.



Head of Policy, Projects and Participation

- Part time
- £50,614 pa
- Edinburgh / Hybrid
- 30th August 2023

→ APPLY NOW



www.equaljobs.scot



Senior Policy, Projects, & Participation Officer

- Full time
- £35,161 pa
- Edinburgh / Hybrid
- 14th August 2023

→ APPLY NOW



www.equaljobs.scot



Evaluation & Learning Support

- Full time
- £25,536 - £28,140 pa
- Edinburgh/Glasgow/Hybrid
- 21st August 2023

→ APPLY NOW



www.equaljobs.scot



Environmental Projects Co-ordinator

- Full time
- £30,000 pa
- Glasgow / Hybrid
- 21st August 2023

→ APPLY NOW



www.equaljobs.scot

Womens Health Plan 2021-2024 (WHP)

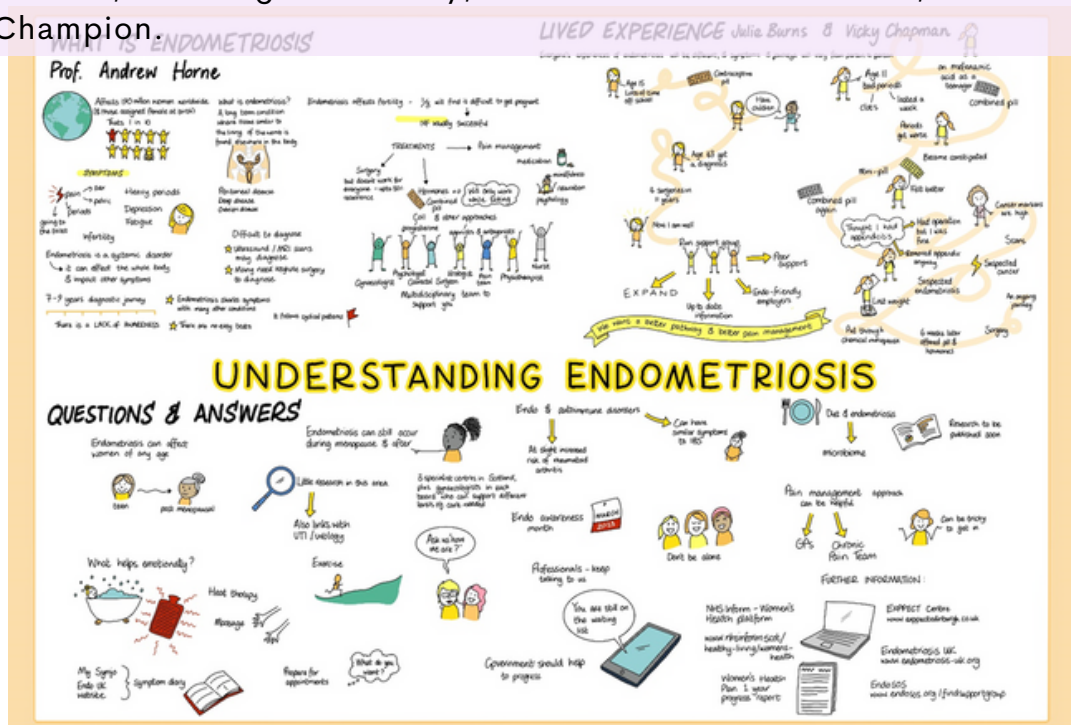


The aim of this Plan is to improve health outcomes and health services for all women and girls in Scotland. There are 66 actions in this plan to achieve over 3 years. These are focused around how to create the conditions for change. **The SMEWN is a member of the lived experience panel.**



Quarterly Round Up 2023, April, May, June

- Published graphic and recording from endometriosis webinar, with Scottish Government and Endometriosis UK peer support group leaders.
- Hosted menopause innovation session with the Chief Scientist Office (Scottish Government), NHS Ayrshire and Arran and NHS Greater Glasgow and Clyde. This session explored different women's experiences of challenges related to accessing menopause support, and helped form the specifications for an open innovation funded project.
- Organised session on trauma informed approaches with NHS Education for Scotland, to provide ALLIANCE lived experience networks members with training and learning opportunity
- Delivered two community menstrual health sessions in partnership with **Al Masaar** – to a women's group in Denny, and with their Stirling Women's Group
- Scheduled **next webinar in our series – PCOS Mythbusting on 27 July 2023**. The session will explore polycystic ovary syndrome with speakers Professor Colin Duncan, Edinburgh University, and Professor Anna Glasier, Women's Health Champion.



SNAPSHOT

Member of the month



Name: Rehela Hussain

Occupation: Quality Assurance Officer, in my work I ensure that high standards of quality and safety are part of the design and manufacture of various medical products (for example I have worked with blood glucose meters, hearing aids and prosthetic hands since 2001), I get a lot of job satisfaction working with innovative medical products that help people who suffer health conditions or disabilities.

Hobbies/Interests: I left the city life of Glasgow 20 years ago and enjoy more of a rural life - walking in the woods and forests near my home. I enjoy holidays, but away from the "tourist traps" and in recent years I have been to Indonesia and the Canadian Rockies.

I am still really a home-bird, and enjoy reading historical fiction, gardening, arts and crafts and cooking traditional desi food (which I learned from my mum!)

As my area of work has very little diversity, in the last 7 years I have started to use my spare time to volunteer as a STEM Ambassador in schools, I mentor other Women in STEM and I have recently started working with Women returners on building their confidence (those who have been away from employment for 6 months or more)

What inspirational message would you like to share that has contributed to your success?

I grow up in a family with 3 brothers who are all engineers, and I never placed boundaries on myself (although society did !) and knew I always wanted to pursue further education and work in the Science fields.

I am passionate about working in Science and Technology, but very aware there are issues around lack of diversity and lack of representation from dis-advantaged groups – but hope to change that by being a more visible role model and recently I am getting more involved in policy change and advocacy work in STEM areas.